

**The Central Young Men's
Christian Association**
and subsidiary undertakings

Registered Charity Number 213121
Company registered number 119249



**Trustees' Report and
consolidated financial statements
for the year ended 31 March 2015**

Trustees' Report and consolidated financial statements

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Trustees' Report (incorporating the Group Strategic Report)

The Trustees have pleasure in submitting their annual report (incorporating the Group Strategic Report) together with the audited financial statements for the year ended 31 March 2015. The financial statements have been prepared in accordance with the accounting policies set out in Note 2 of the financial statements and comply with the Association's Articles, applicable accounting law and requirements of the Statement of Recommended Practice (Accounting and Reporting by Charities 2005).

Reference and administration details

Charity number: 213121

Company number: 119249

Principal office: 112 Great Russell Street, London, WC1B 3NQ

Auditor: Nexia Smith & Williamson, 25 Moorgate, London EC2R 6AY

Bankers: Royal Bank of Scotland, 62/63 Threadneedle Street, London, EC2R 8LA

CCLA Investment Management Ltd, 85 Queen Victoria Street, London, EC4V 4ET

Solicitors: Bircham Dyson Bell, 50 Broadway, London, SW1H 0BL

Property advisors: Montagu Evans, 5 Bolton Street, London, W1J 8BA

Investment managers: Rothschild Private Management Ltd, New Court, St Swithin's Lane, London, EC4N 8AL

Patron

Our Patron is The Lord Remnant, CVO, FCA.

Directors and Trustees

The directors of the charitable company (the Association) are its Trustees for the purposes of charity law. Throughout this report they are referred to as Trustees.

The Trustees serving during the year and since the year-end were as follows:-

Philippa Campbell	(Honorary Treasurer)
Rohan Campbell	
Charlotte Dickens	
Tony Griffiths	
Colleen Harris	
Lord Hayward OBE	
Gill Howland	(retired 1 August 2014)
Susan Ross Morton	
Valerie Morton	(retired 23 July 2014)
Kern Roberts	
Philip Rogerson	(Chairman)
Allan Smith	

None of the Trustees receive any emoluments nor have any Trustees had a beneficial interest in the shares of Central YMCA's other subsidiary undertakings. Expenses reimbursed to Trustees are shown in Note 6 to the accounts.

Senior employees

Chief Executive Rosi Prescott
Company Secretary Andy Chesters

Structure, governance and management

Governing document

Central YMCA is a company limited by guarantee governed by its Articles of Association dated 1911 and last updated in June 2015. It is registered as a charity with the Charity Commission. There are currently 21 Full Members (25 in 2014).

Charitable objects

The charitable objects of the Association, as set out in its articles, are:

- To promote and assist the advancement of the spiritual, social, intellectual and physical condition of principally young men and women (but without any specific restriction as to age) in accordance with and by such means as are consistent with the Basis of Alliance of the Young Men's Christian Associations in various countries throughout the world which was adopted at the General Conference of Delegates from the Associations of Europe and America held in Paris in August, 1855; and
- To provide for the advancement of education of principally young men and women (but without any specific restriction as to age).

Appointment of Trustees

Trustees are elected by the members at the annual general meeting. The Board may appoint additional Trustees during the year, but any Trustee so appointed must be elected at the following annual general meeting.

Trustees' induction and training

All board members undertake induction and on-going training to ensure that they quickly become effective and are aware of developments in corporate and charity governance. Every Board Member is issued with a personal copy of a comprehensive Board Member handbook. They meet key members of staff and are briefed about the activities. In addition to formal meetings, there are days at which Trustees and staff meet to hold discussions regarding the future direction of the organisation and where other matters can be discussed on a more informal basis.

Organisation

The Board of Trustees administers the Association. The Board meets at least quarterly and there is an Audit and Risk sub-committee, which meets in between Board meetings. Further sub-committees meet regularly, one to oversee the Association's investments, another to review the Board structure, size, composition, balance of skills, knowledge and experience, and make recommendations with regard to any changes that are deemed desirable; one further committee considers compliance matters. A Remuneration Committee has also been established to oversee staff pay and benefits in the growing Association. The Chief Executive is appointed by the Trustees to manage the day-to-day operations of the Association. To facilitate effective operations, the Chief Executive has delegated authority, within the terms of delegation approved by the Trustees, for operational matters including finance, employment and operational activity.

Related parties

The Association has five wholly owned subsidiary companies. YMCA Training is a national training provider, providing education and employment opportunities for young people. Central YMCA Trading Ltd provides sports facilities, markets items derived from the activities of the Association and undertakes other non-primary purpose trading activities. The profits of this subsidiary are paid by gift aid to the Association. Y Hotel is a dormant subsidiary. London Central YMCA Limited, which is a registered charity, runs training courses to equip individuals to work in the fitness industry. This charity has itself a wholly owned dormant subsidiary, YMCA Fitness Recruitment Ltd.

On 5 September 2014, the Association closed its Y Touring and One KX youth programme operations. Aside from the consistent support from the Wellcome Trust, these operations have found it very difficult to attract funding to fully cover the cost of activities. This has meant that these activities have been heavily subsidised from reserves over the last few years. As plans for the new financial year in 2014-15 became clear, that subsidy was likely to increase significantly. In light of this, and after a consultation process with impacted staff, the Board made the difficult decision to close the operation. The One KX building, however, re-opened in March 2015 as a centre for Wellbeing classes operated by London Central YMCA Limited.

Central YMCA, as the founding YMCA, is also part of the YMCA Movement in England.

Public benefit statement

The Trustees confirm that they have complied with the duty, in section 4 of the Charities Act 2011, to have due regard to the Charity Commission's general guidance on public benefit.

The purpose of the Association is enshrined in its objects, which are to provide for the spiritual, physical, intellectual and social welfare of individuals. The Trustees ensure that this purpose is carried out for public benefit by delivering a wide range of services that are accessible to all, regardless of their circumstances, as set out below:-

YMCA Training

YMCA Training provides education and training opportunities for individuals, irrespective of their background and experience, to enable them to develop confidence in their potential and the possibilities open to them. Much of the work is based in socially and economically disadvantaged communities; supporting the vulnerable and those on low incomes; those who have low prior attainment and who are facing personal challenges and those needing support through life transitions.

YMCAfit training courses

YMCAfit has enjoyed a long-standing reputation for training industry-leading instructors and personal trainers who understand people's needs. The operation ensures that the emphasis for students is not only on the latest research, but also on showing empathy and supporting individuals to achieve their goals. This same ethic applies whether the trainee is training an athlete to compete in an event or building up an individual's strength in order to allow them to rise out of a chair unaided.

The health and fitness facilities

The Association's health and fitness facilities encourage people from all walks of life to improve their health, and provide a welcoming space for a broad range of healthy living and community groups. There is a particular focus on societal groups, such as those living with HIV, for whom the Club operates specific programmes designed to boost participants' physical and mental well-being. The Club's open door accessibility policy, together with special rates for the unemployed and disadvantaged groups, ensures that access is available to all, whatever their situation.

YMCA Awards qualification awarding organisation (formerly CYQ)

The awarding organisation continues to promote the undertaking of qualifications that result in greater numbers of well-qualified instructors. More than 26,000 qualification certificates were awarded this year. These qualified instructors are subsequently able to motivate and encourage more members of the public to participate in physical activity and to enjoy the health benefits that result. CYQ changed its name to YMCA Awards in June 2015.

Y Touring and OneKX Youth Programme

This operation provided educational and innovative theatrical performances free of charge within schools, promoting and encouraging healthy debate amongst young people. This 'theatre of debate' engaged young people in informed discussion around the major challenges to human health and well-being. Due to funding constraints and after consultation with impacted staff the Trustees took the difficult decision to close this operation.

Group Strategic Report

Objectives and activities

The objectives of Central YMCA are to provide for the spiritual, physical, intellectual and social welfare of people of all ages in accordance with the Christian basis of the Association.

The overarching aims of the Association are as follows:-

- to create, provide and promote opportunities to develop in mind, body and spirit, especially for the young and those in need
- to engage more people in a broad range of relevant programmes with identified opportunities for progression, enabling them to gain the personal skills, qualifications and experience needed to participate fully and progress in life and work

The principal activities for the year were to provide:-

- a broad range of relevant training programmes with identified opportunities for progression, enabling young people to gain the personal skills, qualifications and experience needed to participate fully and progress in life and work
- fitness and exercise facilities designed to encourage people of all ages to improve their health, with prices reduced or waived where appropriate
- a wide range of nationally recognised vocational qualifications from Level 1 to Level 4 for those undertaking suitable courses run by third parties in the UK, Europe and the rest of the world

The strategies employed to achieve the Association's objectives are to:-

- run vocational and continuous professional development courses to broaden individuals' knowledge and skill base and help them pursue a career
- arrange work-based learning and apprenticeships to help those in employment to increase their knowledge and gain qualifications
- run courses aimed at health and community activities including an emphasis on working with disabled and hard-to-reach individuals
- provide facilities to encourage people and communities to improve their health, particularly targeting young people and groups with specific needs, such as those living with HIV/AIDS, by devising innovative programmes specifically to boost their physical and mental well-being

- offer a high standard of qualifications promoting physical and mental health and wellbeing to those attending suitable courses run by third parties, and to seek to raise standards within the industry as a whole

Achievements and performance

The key performance indicators for Central YMCA for the various activities are as follows:-

- YMCA Training – number of learners successfully completing training to required standards within agreed timescales
- YMCAfit training courses – number of students participating in and successfully completing courses which prepare them for employment opportunities
- Health and Wellbeing facilities – total number of members and community participants
- YMCA Awards (formerly CYQ) — number obtaining qualifications

YMCA Training

YMCA Training is one of the largest third sector training providers in the country and the holder of substantial contracts with the Government's two major education funding agencies, the Skills Funding Agency and the Education Funding Agency. A significant past 12 months has seen the restructuring of the organisation to ensure that the staff have the skills and capability to deliver consistently high quality products and services to the learners who participate in YMCA Training's wide range of courses and apprenticeships. We provide education and employment opportunities for young people and adults that aim to benefit them as individuals, as well as their communities and local businesses. During the year we helped 9,121 people develop the skills and confidence to gain qualifications and find and sustain employment. Although a significant number, this is less than the previous 12 months; this was due to the withdrawal of a large contract with a major retailer during its own organisational restructuring. During the next 12 months the team will be concentrating on increasing new business, once current opportunities have been maximised, ensuring that we make a positive impact on the lives of as many learners as possible.

The personal, social and economic cost of unemployment and a lack of skills can be devastating, so we ensure we work with those who need support through the transition from school to work and from unemployment to employment. Our tailored and holistic provision involves employers in the training process, engages and raises the aspirations of participants, and achieves positive qualification and employment outcomes. We also work with the wider network of YMCAs to move young people who are without both housing and employment into supported housing, qualifications and work.

YMCA Training operates to high professional standards and provides a safe and supportive environment for participants, enabling them to develop personal, vocational and work-related skills, offering a broad portfolio of education, training and employment services. Our activities can be categorised as follows:-

- Pre 16 Alternative Education provision for young people who have not thrived in a formal education environment
- Post-16 educational Study Programmes in preparation for Apprenticeships and/or employment
- Vocational training programmes (Apprenticeships, Advanced Apprenticeships and Traineeships)
- Staff training opportunities and accredited courses for employers

YMCAfit training courses

YMCAfit achieved significant income growth in 2014-2015, driven by a 17% increase in core course sales. The 24+ loans facility provided through the Skills Funding Agency continues to be well utilised. 603 students have benefited from this facility which played a major part in the overall growth as many more personal trainer courses were run

than originally planned. A new tutor resourcing model, also introduced in 2014, enables the organisation to be more efficient at scaling the course programme up and down as demand requires and enabled a total of 3,950 students to complete courses during the year.

We delivered 12 InstructAbility courses benefiting 109 students living with disability throughout England. Funding for this programme ends in April 2016. We are currently working with Aspire, a registered charity, to secure additional funding in order to continue delivering this award winning project. During the year, four students had their training funded by the Basil Scott Fund, a designated fund awarding educational grants in the name of the late Mr Scott.

Exercise and fitness facilities

Core membership numbers closed at 4,202, a 2.8% increase over the year and the highest membership number for over two years. Community programme numbers closed at 3,114, an increase of 5.5% over the year and up by 16.6% since April 2013. Most notable growth over the year was shown in the Y Active Children's programme (+39.3%) and Youth programme (+57.7%).

The Children's Programme provided 385 free weeks of play scheme provided to local disadvantaged children as part of a bursary funded by the St Giles Hotel 'Hotels with a heart' scheme. A new under 4's programme was introduced, incorporating soft play, sports, arts and cookery and four local primary schools were supported by the provision of healthy activities for over 120 children in need of support.

The Youth Programme, funded by the London Borough of Camden and evaluated in partnership with UCL, recruited 47 Young Health Champions who were trained in behaviour change in five priority areas (physical, mental health, sexual health, substance abuse and smoking prevention), reaching 565 peers during 745 hours of volunteering in local schools, youth groups and at community events. In addition, three targeted 'Get on track' programmes delivered in partnership with the Dame Kelly Holmes Trust, supported over 50 young people in the year.

YMCA Awards (formally CYQ) qualification awarding organisation

In the financial year, 33,754 learners were registered to undertake one of our professional qualifications, and 26,230 certificates were issued to learners who had successfully passed their assessment. 59 new education providers were approved to deliver our qualifications in the year and there are now 427 approved centres delivering our qualifications across 12 countries spanning Europe, the Middle-East and Africa.

The results of our 2014 customer satisfaction survey concluded that 96% of existing customers would recommend us to another education provider seeking an awarding organisation to work with. This was largely due to our high standard of customer service and the support provided to practitioners.

In September 2014, the awarding organisation appointed a new general director. Subsequently, plans were implemented to strengthen the focus of the awarding organisation on; the emerging skills agenda, developing qualifications for sectors beyond the active leisure sector, developing products and services to support an increasing demand for learning technology.

16 new qualifications were accredited by The Office of Qualifications and Examinations Regulation (OFQUAL) in 2014/15, of which 8 were also eligible for funding from the Skills Funding Agency.

Financial review

The overall financial surplus of £4.162m (2014 deficit of £6.041m) was helped significantly by investment gains of £1.697m (2014 £0.239m) and property revaluation of £5.565m (2014 nil). Exceptional costs in the year outside of

normal operations were £0.983m (2014 £4.911m). The underlying deficit of core operations was £2.117m in the year (2014 deficit of £1.369m).

Charitable operations alone generated a combined deficit of £2.380m compared to a deficit of £1.818m in the prior year, an increase of £0.562m, which represents 75% of the overall increase in the deficit from core operations.

The table below shows the share of the deficit/surplus from each of the charitable operations:

Operation	Commentary	£million
YMCA Training	The deficit was primarily due to the loss of a major commercial contract during the year.	(1.477)
The Club	This represents a decline of £0.043m on the prior year; income growth of 6% was offset by increased total running costs (including allocated overheads) of 7%	(0.364)
YMCAfit	This is a decline of £0.303m on the prior year. YMCAfit income growth was strong at 6%, but was impacted by a revision to the bad debt provision policy.	(0.444)
YMCA Awards	An improvement of £0.407m on the prior year. Sales are up 16%.	0.315
Discontinued operations	An improvement of £0.515m on the prior year as activities which had been heavily subsidised were closed (One KX and Y Touring).	(0.410)
Overall deficit from charitable operations		(2.380)
Donations, net investment income and surplus on commercial trading		0.432
Governance costs		(0.169)
Net outgoing resources for the year before exceptional items and gains and loss on investments and revaluations		(2.117)

Net commercial income of £0.105m was down £0.066m on last year which is 9% of the year on year decline. Net investment income of £0.316m was down £0.114m on last year and represents 15% of the year on year decline. The inclusion of a full year's results for YMCA Training accounts for £1.138m of the year on year decline in performance.

The Association's reserves of £31.709m put the group in a strong position to continue with the restructuring of YMCA Training and the investment to create a strong, sustainable charity.

Plans for future periods

New three year plans have been created for all the Association's operations. YMCA Training will complete its restructuring which will all this operation to move into surplus. YMCA Awards and YMCA Fit expect to reach more learners from new product development and expansion and the Club is embarking on the feasibility stage of investment in facilities to increase capacity and improve member experience. The Trustees' ambition to move all operations to a fully funded position will reduce the reliance on investments for financial support and create an even stronger Association in the medium term.

Fixed assets

The principal changes in the fixed assets of the group were additions of £0.179m and the £5.565m re-valuation of long leasehold properties.

Employment policies

The Trustees recognise the importance of good communications and relations between management and employees. The Association and its subsidiaries are an equal opportunity employer and do not discriminate on the grounds of disability, age or gender.

Central YMCA is assisted in its work by over two hundred volunteers who run activities and the same policies are applied to them as to employees. If the volunteers had been paid at the same rate as an equivalent employee or external individual the additional cost would have been in the region of £0.260m (2014 £0.220m).

Grants received – the Group and the Association

Central YMCA has received a number of grants to further its work during the year. The Trustees would like to thank all those who contributed to the Association's work. The grants are summarised as follows:-

	£'000	Used for
London Borough of Camden	20	Young Champions
Camden PCT	5	HIV/Aids support
Islington PCT	5	HIV/Aids support
Dame Kelly Holmes Legacy Trust	<u>58</u>	Supporting young people
Association	88	
Aspire/Sport England	<u>164</u>	InstructAbility Programme
Total Group	<u><u>252</u></u>	

Dependence on donations

The Association is not dependent on donations of services or facilities.

Risk management

The Trustees have a risk management strategy which comprises:-

- a regular review of the risks the Association may face
- the establishment and monitoring of systems and procedures to mitigate those risks identified in the plan
- the implementation of procedures designed to minimise any potential impact on the Association should those risks materialise.

The Trustees consider that the main risks to the Association are:-

- the extent to which the Association is dependent on Government funding of educational courses
- an external event impacting on the buildings used by the Association
- changes in education funding including decline in non-core subjects
- failing to meet Ofsted or Ofqual requirements

The Trustees are taking steps as far as possible to mitigate these risks and to minimise the effect on the Association should any of them materialise.

Investment powers

Under the Articles the Association has the power to invest in any way the Trustees wish. Rothschild manages an investment portfolio on behalf of the Trustees. Rothschild has been asked to invest to provide income to subsidise the activities of the Association and also to build up reserves to provide capital funding for improvements to the facilities and other projects. Rothschild was set the target of achieving a total return of 3.5% above inflation over the long term.

The Association has not set any social, environmental or ethical restrictions on the investments other than avoiding anything carrying a Government health warning, such as tobacco products. The Association's Investment Committee meets regularly with Rothschild and alerts it to any conflict issues. Details of investments are set out in Note 9 of the accounts.

Reserves policy

The Trustees have established the level of free reserves (that is, those funds that are freely available) that the Association ought to have. Reserves are needed to bridge the gap between carrying out activities and receiving the funds for those activities. In particular, the Trustees have set a policy that free reserves should cover six months' operating expenditure, which equates to £11.0m.

As at 31 March 2015 the Group's reserves are as follows:

Reserve	Current reserves	Further information
Restricted reserves	£0.802m	These are funds which are restricted as to their future use and therefore are not freely available.
Designated reserve – Great Russell Street Development fund	£4.250m	Funds have been designated to cover the anticipated cost of repairs / refurbishments to the Group's long leasehold properties. The Group is expecting to invest in updating the facilities in the next two years and although the exact amount is unknown at present the Trustees consider that a reserve of this magnitude will be needed.
Designated reserve – Basil Scott fund	£0.271m	The fund is designated to provide educational grants in the name of the late Mr Scott.
Funds represented by tangible fixed assets (excluding those funded by restricted reserves)	£15.648m	The funds invested in tangible fixed assets are not freely available to the Group and therefore are excluded from free reserves.
Free reserves	£10.738m	The six months' operating funds target is around £11.0m and so the free reserves are virtually on target. Reserves of YMCA Training Ltd are significantly lower than required if the support from Central YMCA were not in place (see note 9b). Reserves of London Central YMCA Limited are currently around £1 million less than judged necessary by the Trustees of this Association if the support from Central YMCA were not in place. The reserves of the Group are sufficient to ensure financial support for individual subsidiaries if required.
Total Group reserves	£31.709m	

Virtually all of the free reserves are held in investments (and so also provide income). It is the intention of the Trustees that these investments will be retained on a long-term basis to ensure that the Group can continue to provide public benefit at the levels planned. The Trustees will keep their reserve policy under review, balancing this against the needs of the Group and opportunities available to it.

Auditor

A tender process for the appointment of auditors for the group was held at the end of 2014. Nexia Smith & Williamson were appointed as auditors for 2014-15 and it is proposed that they will be re-appointed auditor for the ensuing year.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Report (incorporating the Group Strategic Report) and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the group and parent Association and of the incoming resources and application of resources, including its income and expenditure, of the group for the year. In preparing those financial statements the Trustees are required to:-

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the Charities SORP
- make judgments and accounting estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Association will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Association's transactions and disclose with reasonable accuracy at any time the financial position of the group and parent Association and enable them to ensure that the financial statements comply with the requirements of the Companies Act 2006. They are also responsible for safeguarding the assets of the group and parent Association and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

So far as the Trustees are aware, there is no relevant audit information of which the company's auditor is unaware. The Trustees have taken all the steps they ought to have taken as Trustees to make themselves aware of any relevant audit information and to establish that the company's auditor is aware of that information.

On behalf of the Board

P Campbell

Honorary Treasurer

P Rogerson

Chairman

A Chesters

Company Secretary

Date approved: 5 November 2015

Registered Office:
112 Great Russell Street
London
WC1B 3NQ



Independent Auditor's Report to the members and Trustees of Central Young Men's Christian Association

We have audited the financial statements of Central Young Men's Christian Association for the year ended 31 March 2015 which comprise the Consolidated Statement of Financial Activities, the Consolidated and Parent Charitable Company Balance Sheets, the Consolidated Cash Flow Statement and the related notes 1 to 20. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and the charitable company's trustees, as a body, in accordance with Section 151 of the Charities Act 2011 and regulations made under Section 154 of that Act. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement set out on page 12, the Trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under the Companies Act 2006 and Section 151 of the Charities Act 2011 and report to you in accordance with those Acts. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Financial Reporting Council's (FRC's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

A description of the scope of an audit of financial statements is provided on the FRC's website at www.frc.org.uk/auditscopeukprivate.

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent charitable company's affairs as at 31 March 2015 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.



Independent Auditor's Report to the members and Trustees of Central Young Men's Christian Association (continued)

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report (incorporating the Group Strategic Report) for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Act 2011 require us to report to you if, in our opinion:

- the parent charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Jonathan Pryor
Senior Statutory Auditor, for and on behalf of
Nexia Smith & Williamson
Statutory Auditor
Chartered Accountants

25 Moorgate
London
EC2R 6AY

Nexia Smith & Williamson is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

Consolidated Statement of Financial Activities (incorporating an Income and Expenditure Account)

for the year ended 31 March 2015

	Note	Unrestricted funds £'000	Restricted funds £'000	Total 2015 £'000	Total 2014 £'000
Incoming resources					
Incoming resources from generated funds					
Voluntary income - donations		11	-	11	7
Activities for generating funds					
Commercial trading income		500	-	500	558
Investment income		444	-	444	588
Incoming resources from charitable activities		18,614	252	18,866	11,972
Total incoming resources	3	19,569	252	19,821	13,125
Resources expended					
Cost of generating funds					
Commercial trading expenses		395	-	395	387
Investment management costs		128	-	128	158
Charitable activities		20,910	336	21,246	13,651
Governance costs		169	-	169	159
Other resources expended					
Acquisition of YMCA Training		-	-	-	139
Total resources expended before exceptional items	4	21,602	336	21,938	14,494
Net outgoing resources for the year before exceptional items	5	(2,033)	(84)	(2,117)	(1,369)
Exceptional Items	15	(983)	-	(983)	(4,911)
Net outgoing resources for the year after exceptional items		(3,016)	(84)	(3,100)	(6,280)
Other recognised gains/losses					
Gains on revaluation of fixed assets	8	5,565	-	5,565	-
Change in valuation of investments	9	1,180	-	1,180	(1,043)
Realised profit on investments sold	9	415	-	415	1,126
Differences on exchange on monetary investment		102	-	102	156
Net movement in funds		4,246	(84)	4,162	(6,041)
Reconciliation of funds					
Fund balances brought forward		26,661	886	27,547	33,588
Fund balances carried forward	13 & 14	30,907	802	31,709	27,547

The accounting policies and notes on pages 20 to 35 form part of these financial statements.

All amounts relate to continuing activities. The deficit of £2,685,000 (2014 deficit of £5,154,000) for Companies Act purposes comprises the net outgoing resources for the year after exceptional items plus realised profit on sale of investments.

Consolidated balance sheet

at 31 March 2015

Company number: 119249

	Note	2015 £'000	2014 £'000
Fixed assets			
Tangible fixed assets	8	16,450	11,288
Investments	9	15,221	16,224
		31,671	27,512
Current assets			
Stocks	10	37	15
Debtors	11	2,759	2,712
Cash at bank and in hand	17	1,859	6,071
		4,655	8,798
Creditors: amounts falling due within one year	12	(4,345)	(8,763)
Net current assets		310	35
Total assets less current liabilities		31,361	27,547
Provisions	12	(272)	-
Net assets		31,709	27,547
Funds			
Unrestricted fund - general	13	9,602	12,550
- revaluation reserves	13	16,784	9,992
- designated	13	4,521	4,119
Restricted	14	802	886
		31,709	27,547

These financial statements were approved and authorised for issue by the Board of Trustees on 5 November 2015 and were signed on its behalf by:

P Rogerson
Chairman

P Campbell
Treasurer

The accounting policies and notes on pages 20 to 35 form part of these financial statements.

Parent Association balance sheet

Company number: 119249

at 31 March 2015

	Note	2015		2014	
		£'000	£'000	£'000	£'000
Fixed assets					
Tangible fixed assets	8		16,352		11,222
Investment	9		15,221		16,224
Investment in subsidiary	9		3,627		-
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>
			35,200		27,446
Current assets					
Debtors	11		417		265
Cash at bank and in hand			1,816		5,763
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>
			2,233		6,028
Creditors: amounts falling due within one year	12		(716)		(3,310)
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>
Net current assets			1,517		2,718
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>
Net assets			36,717		30,164
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>
Funds					
Unrestricted fund - general	13		14,610		15,167
- revaluation reserve	13		16,784		9,992
- designated	13		4,521		4,119
Restricted	14		802		886
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>
			36,717		30,164
			<hr style="width: 100%;"/>		<hr style="width: 100%;"/>

These financial statements were approved and authorised for issue by the Board of Trustees on 5 November 2015 and were signed on its behalf by:

P Rogerson
Chairman

P Campbell
Treasurer

The accounting policies and notes on pages 20 to 35 form part of these financial statements.

Consolidated cash flow statement for the year ended 31 March 2015

	Note	2015		2014	
		£'000	£'000	£'000	£'000
Net cash outflow from operating activities	16		(7,075)		(1,830)
Return on investments		441		584	
Interest received		3		4	
		—		—	
Net cash inflow from returns on investment			444		588
Cash acquired with YMCA Training		-		1,194	
		—		—	
Cash provided by financing activity			-		1,194
			—		—
			(6,631)		(48)
Capital expenditure					
Purchase of investments		(3,420)		(2,560)	
Payments to acquire tangible fixed assets		(179)		(98)	
Sale of investments		6,018		7,448	
		—		—	
Net cash inflow from capital expenditure			2,419		4,790
			—		—
Net cash (outflow)/inflow before management of liquid resources			(4,212)		4,742
Management of liquid resources	17		3,802		(4,685)
			—		—
(Decrease)/increase in cash	17		(410)		57
			—		—

Significant non-cash transactions in the year were the revaluations of fixed assets & investments (2014 – investments only).

The comparatives have been amended to split liquid resources from cash at bank.

The accounting policies and notes on pages 20 to 35 form part of these financial statements.

Note of historical cost surpluses and deficits
for the year ended 31 March 2015

	2015	2014
	£'000	£'000
Net movement in funds	4,162	(6,041)
Revaluations recognised in the year	(6,745)	1,043
Difference between historical cost depreciation and depreciation charge calculated on the revalued amount	70	70
	—	—
Historical cost deficit	(2,653)	(4,928)
	=====	=====

The comparative above has been corrected to add the increased depreciation rather than deduct it.

The accounting policies and notes on pages 20 to 35 form part of these financial statements.

Notes to the accounts

1 Legal status

The Central Young Men's Christian Association is a registered charity and a company limited by guarantee. Full Members are a group of individuals who have affirmed their commitment to the movement's corporate aim and are the equivalent of the shareholders of a commercial company. They are elected by the Board of Trustees. The Full Members of the Association are each liable to contribute 37 pence towards the liabilities of the Association in the event of liquidation but cannot receive any distribution of any kind as a result of their membership.

2 Accounting policies

The principal accounting policies of the group are set out below and have remained unchanged from the previous year.

Basis of preparation

The financial statements have been prepared in accordance with the Companies Act 2006, applicable accounting standards, the Statement of Recommended Practice (SORP) 2005 "Accounting and reporting by Charities" and under the historical cost accounting rules, except for the revaluation of long leasehold properties and certain investments, and on the going concern basis.

Basis of consolidation

The Statement of Financial Activities (SOFA) and balance sheet consolidate the financial statements of Central Young Men's Christian Association and all its subsidiary undertakings. The financial statements of all Group companies have been made up to 31 March 2015. All intra-group surpluses are eliminated on consolidation. The results of the subsidiaries are consolidated on a line-by-line basis.

In the Association's financial statements, investments in subsidiaries are stated at cost.

As permitted by Section 408 of the Companies Act 2006 and the SORP 2005 no separate SOFA has been presented. The amount of the surplus for the financial year dealt with in the financial statements of Central Young Men's Christian Association is disclosed in Note 13 to these financial statements.

Fixed assets and depreciation

Depreciation is provided to write off the cost less the estimated residual value of tangible fixed assets by equal instalments over their estimated useful economic lives as follows:

Fixtures, fittings and computer equipment	-	5% to 33%
Long leasehold buildings	-	80 years
Short leasehold buildings	-	20 years

No land value is attributed to long leases as other parties have rights over the site on which the buildings are constructed.

The estimated useful economic life of the long leasehold buildings was stated as being 40 years in the previous financial statements; this life reflects the estimated remaining life of the properties rather than their actual lives since construction.

Assets are capitalised if their cost is greater than £1,000.

Individual freehold properties are revalued with the surplus or deficit on book value being transferred to the revaluation reserve, except that a deficit which is in excess of any previously recognised surplus over depreciated cost relating to the same property, or the reversal of such a deficit, is charged (or credited) to the income and expenditure account. A deficit which represents a clear consumption of economic benefits is charged to the profit and loss account regardless of any such previous surplus.

An interim review of the value of the long leasehold properties should have been carried out in 2014 and to remedy this a full valuation was carried out at 31 March 2015. The results of the valuation are included in these financial statements. Whilst the impact on the valuation was significant since the last exercise on 31 March 2011, there has been high property inflation in the London area during 2015 and therefore the Trustees do not believe that 2014 financial statements were fundamentally incorrect and therefore there is no requirement to restate the prior year comparatives.

Apportionment of expenses

Charitable expenses are allocated directly against the operation to which they relate and represent the cost of running the programme. Governance costs include audit, company secretarial and strategic management costs. Recharges from the holding charity have been calculated based on staff numbers, area occupied or other appropriate measurement.

Incoming resources from charitable activities

Incoming resources from charitable activities represents the amounts (excluding value added tax) derived from the provision of goods and services to third-party customers during the year. Receipts of membership subscriptions and fees are deferred to spread the income arising over the period for which members may derive benefit from the facilities to which they are entitled as a result of their membership. Similarly, receipts for training courses are taken into account only when the course has started.

Donations, legacies and grants

Donations, legacies and grants are recognised in the SOFA when conditions for their receipt have been complied with, receipt is certain and the amount known. Any income from performance related grants is carried forward as part of deferred income to the extent that the related services have not been performed.

Investment income

Investment income comprises interest receivable on short-term deposits as well as amounts received on investments and is recognised on a quarterly basis when the Group is entitled to the income.

Repairs and renewals

Running repairs and minor renewals of buildings and plant are written off as incurred.

Leases

There are no finance leases. Equipment and property leased under operating leases are not capitalised but are expensed directly to the Statement of Financial Activities.

Irrecoverable VAT

All irrecoverable VAT is treated as part of the cost of the item to which it relates.

Funds

Funds held by the Association are either:-

- unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees
- designated funds – these are funds set aside by the Trustees out of unrestricted general funds for specific future purposes or projects
- restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the Association. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purposes of each fund is included in Notes 13 and 14.

Investments

Investments represent amounts invested by the investment managers to produce a return to subsidise our activities. Income, profits or losses on sale and valuation changes are taken in account when reported by the investment managers in their quarterly reports.

Pension costs

Defined contribution benefits are expensed as contributions are made.

The £4.9m S75 debt relating to the legacy defined benefit YMCA Pension Plan was settled in May 2014 and signed deeds of separation confirm the Group has no further liability for this scheme.

Stocks

Stocks are stated at the lower of cost or net realisable value.

Taxation

As a registered charity, the Association is able to claim certain reliefs from corporation tax on its income. Where these reliefs apply, no taxation is provided.

Foreign exchange

Transactions denominated in a foreign currency are translated into sterling at the rate of exchange ruling at the date of the transaction. At the balance sheet date, monetary assets and liabilities denominated in foreign currency are translated at the rate ruling at that date. All exchange differences are dealt with in the statement of financial activities. Any gains or losses arising on investment assets are classed as other recognised gains and losses.

Provisions

Provisions are recognised as soon as the Group has an actual or constructive obligation of uncertain amount and timing. Provisions for leased property dilapidations relate to the estimate cost of making good the dilapidations as at the balance sheet date, where the Group has such an obligation as a result of the tenancy agreements or property law. The provision is estimated based on current rectification costs.

Liquid resources

Liquid resources comprises cash at bank which is not available within 24 hours without loss of interest.

3 Analysis of incoming resources

	2015		2014	
	Un- restricted income £'000	Restricted income £'000	Total £'000	£'000
Charitable activities:-				
Fitness facilities and associated activities	2,875	88	2,963	2,796
YMCAFit training courses	2,933	164	3,097	2,933
YMCA Training	10,499	-	10,499	3,957
Qualification certification	2,289	-	2,289	1,981
Theatre company and One KX	1	-	1	226
Other projects	17	-	17	79
	<u>18,614</u>	<u>252</u>	<u>18,866</u>	<u>11,972</u>
Voluntary income – donations	11	-	11	7
Activities for generating funds:-				
Commercial trading income	500	-	500	558
Investment income	444	-	444	588
Total	<u>19,569</u>	<u>252</u>	<u>19,821</u>	<u>13,125</u>

All income from charitable activities has been generated in the United Kingdom apart from an amount of £38,000 (2014: £68,000) which was earned from 9 (2014: 16) other countries.

4 Analysis of total resources expended (excluding exceptional costs)

	Direct costs £'000	Apportioned support costs £'000	Total 2015 £'000	2014 £'000
Charitable activities				
Fitness facilities and associated activities	2,401	926	3,327	3,117
YMCAFit training courses	2,217	1,324	3,541	3,321
YMCA Training	10,770	1,216	11,986	3,910
Qualification certification	1,318	656	1,974	2,073
Theatre company and One KX	291	86	377	1,001
Campaigns and others	21	30	51	229
Investment in YMCA Training	-	-	-	139
	<u>17,008</u>	<u>4,238</u>	<u>21,247</u>	<u>13,790</u>
Cost of generating funds				
Commercial trading	365	30	395	387
Investment costs	102	26	128	158
Governance costs				
	169	-	169	159
	<u>17,644</u>	<u>4,294</u>	<u>21,938</u>	<u>14,494</u>

Support costs are made up as follows:-	2015	2014
	£'000	£'000
IT costs	620	420
Property costs	79	107
Finance department costs	411	270
HR costs	703	279
Communication and marketing costs	754	691
Management costs	171	180
Maintenance department costs	193	170
Insurance	144	113
Affiliation fee YMCA England	91	34
Operations	223	-
Development/fundraising	56	131
Sundry costs/other	56	258
Quality	529	-
National Administration	264	-
	<u>4,294</u>	<u>2,653</u>

The part year of YMCA Training consolidated costs in 2014 were all classed as direct so the increase in support costs in 2015 reflect a full year of YMCA Training.

Governance costs are made up as follows:-	2015	2014
	£'000	£'000
Auditor's remuneration (excluding irrecoverable VAT)	39	25
Irrecoverable VAT on auditors' remuneration	6	5
Company secretarial costs	48	55
Share of management time on strategic matters	76	74
	<u>169</u>	<u>159</u>

5 Net outgoing resources for the financial period

Net outgoing resources for the financial period is stated after charging/(crediting)	2015	2014
	£'000	£'000
Other services provided by the group auditor	-	1
Depreciation – owned assets	582	589
	<u> </u>	<u> </u>

The figure for auditor's remuneration above excludes irrecoverable VAT.

6 Remuneration of Trustees

The Trustees did not receive any emoluments during the period (2014: £nil) for services as Trustees of the Association. A total of £1,469 (2014: £453) was reimbursed to six (2014: six) Trustees during the period in respect of reimbursement of travel costs. Insurance cover including Trustee indemnity insurance was purchased during the year at a cost of £8,057 (2014: £6,419).

7 Staff numbers and costs

The average full time equivalent number of persons employed by the group during the year, analysed by category, was as follows:

	Number of employees	
	2015	2014
Operations	475	231
Management and administration	33	43
	—————	—————
	508	274
	=====	=====

The aggregate payroll costs of these persons were as follows:

	2015	2014
	£'000	£'000
Wages and salaries	11,043	7,352
Redundancy costs	687	24
Social security costs	999	675
Other pension costs	248	334
	—————	—————
	12,977	8,385
	=====	=====

The emoluments of the employees earning over £60,000 fell into the following bands:

Band	2015	2014
	Number	Number
£60,001 – £70,000	1	1
£70,001 – £80,000	3	2
£80,001 – £90,000	1	-
£90,001 – £100,000	1	-
£100,001 – £110,000	1	-

Pension costs for higher paid employees amounted to £52,239 (2014: £78,301).

8 Fixed assets

Group	Property		Fixtures fittings and equipment £'000	Total £'000
	Long leasehold Great Russell Street £'000	Short leasehold Cromer Street £'000		
<u>Cost or valuation:</u>				
At 31 March 2014	11,142	1,725	4,250	17,117
Additions	-	-	179	179
Revaluations	4,158	-	-	4,158
At 31 March 2015	<u>15,300</u>	<u>1,725</u>	<u>4,429</u>	<u>21,454</u>
<u>Depreciation:</u>				
At 31 March 2014	1,124	728	3,977	5,829
Charge for the period	283	89	210	582
Revaluations	<u>(1,407)</u>	<u>-</u>	<u>-</u>	<u>(1,407)</u>
At 31 March 2015	<u>-</u>	<u>817</u>	<u>4,187</u>	<u>5,004</u>
<u>Net book value:</u>				
31 March 2015	15,300	908	242	16,450
31 March 2014	10,018	997	273	11,288

Association	Property		Fixtures fittings and equipment £'000	Total £'000
	Long leasehold Great Russell Street £'000	Short leasehold Cromer Street £'000		
<u>Cost or valuation:</u>				
At 31 March 2014	11,142	1,725	2,999	15,866
Additions	-	-	85	85
Revaluations	4,158	-	-	4,158
Disposal	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2015	<u>15,300</u>	<u>1,725</u>	3,084	<u>20,109</u>
<u>Depreciation:</u>				
At 31 March 2014	1,124	728	2,792	4,644
Charge for the period	283	89	148	520
Revaluations	<u>(1,407)</u>	<u>-</u>	<u>-</u>	<u>(1,407)</u>
At 31 March 2015	<u>-</u>	<u>817</u>	<u>2,940</u>	<u>3,757</u>
<u>Net book value:</u>				
31 March 2015	15,300	908	144	16,352
31 March 2014	10,018	997	207	11,222

Long lease hold properties at valuation:

	Group and Association	
	2015	2014
	£'000	£'000
Great Russell Street buildings		
At period end open market value	15,300	11,142
Aggregate depreciation thereon	-	(1,124)
	<u> </u>	<u> </u>
Net book value	15,300	10,018
	<u> </u>	<u> </u>
Historical cost of revalued assets	5,763	5,763
Aggregate depreciation based on historical cost	(3,703)	(3,350)
	<u> </u>	<u> </u>
Historical cost net book value	2,060	2,413
	<u> </u>	<u> </u>

Other tangible fixed assets are included at cost.

The interests in the property at Great Russell Street, London WC1 were revalued as at 31 March 2015. These valuations were produced by Montagu Evans LLP, an external firm of chartered surveyors in accordance with the RICS Valuation Standards – Global and UK (seventh Edition) published by the Royal Institute of Chartered Surveyors on the basis of existing use value as defined in UKVS 1, Valuations for Financial Statements.

9 Fixed Asset Investments – Group and Association

a) External investments (Group and Association)

	2015	2014
	£'000	£'000
Book value at 1 April	16,224	21,029
Purchases at cost	3,420	2,560
Sale proceeds	(6,018)	(7,448)
Realised gain on investments sold	415	1,126
Subtotal	14,041	17,267
Unrealised gain/(loss) on revaluation	1,180	(1,043)
Market value	15,221	16,224

The investments were allocated as follows:-

	At 31 st March 2015			At 31 st March 2014		
	At cost	Market Value	Surplus / (deficit)	At cost	Market Value	Surplus / (deficit)
Fixed Income	1,979	1,992	13	2,811	2,716	(95)
Equities	7,652	10,517	2,865	8,307	10,436	2,129
Property Funds	<u>2,111</u>	<u>2,712</u>	<u>601</u>	<u>2,808</u>	<u>3,072</u>	<u>264</u>
Investments	11,742	15,221	3,479	13,926	16,224	2,298
Liquid Funds reported as cash at bank	<u>1,388</u>	<u>1,454</u>	<u>66</u>	<u>5,168</u>	<u>5,255</u>	<u>87</u>
Total	<u>13,130</u>	<u>16,675</u>	<u>3,545</u>	<u>19,094</u>	<u>21,479</u>	<u>2,385</u>

The investments by location were as follows:-

	At 31 st March 2015			At 31 st March 2014		
	UK	Overseas	Total	UK	Overseas	Total
Market value:						
Fixed Income	1,322	670	1,992	1,430	1,286	2,716
Equities	4,629	5,888	10,517	4,939	5,497	10,436
Property Funds	<u>1,864</u>	<u>848</u>	<u>2,712</u>	<u>2,408</u>	<u>664</u>	<u>3,072</u>
Total investments	<u>7,815</u>	<u>7,406</u>	<u>15,221</u>	<u>11,742</u>	<u>7,447</u>	<u>16,224</u>

Significant individual investments were as follows:-

	At 31 st March 2015		At 31 st March 2014	
	Market Value	%	Market Value	%
Artemis income fund	980	6	976	6
SMT Egerton sterling investment fund	810	5	1,073	7
Veritas fund	882	6	831	5
Morgan Stanley investment fund	802	5	895	6
Charities property fund	1,519	10	1,941	12
2.5% NTS UK gilt	<u>1,321</u>	<u>9</u>	<u>-</u>	<u>-</u>
	<u>6,314</u>	<u>41</u>	<u>5,716</u>	<u>35</u>

b) Internal investments (Association)

The Association has five subsidiary undertakings, all of which are 100% owned and are registered in England and Wales. London Central Young Men's Christian Association Limited ("London Central YMCA Limited") is a company which provides for the spiritual, educational and physical well-being of young men and women and adults by supplying vocational training courses throughout the UK. This company is a charity with its own Board of Trustees. Y Hotel Ltd has not traded in the year. Central YMCA Trading Ltd produces and markets books and videos. YMCA Fitness Recruitment is a subsidiary of London Central YMCA Limited and has not traded in the year.

On 1 December 2013, YMCA Training became a wholly owned subsidiary of Central YMCA. This was achieved by Central YMCA becoming the sole member of YMCA Training, together with its Trustee Board being appointed by Central YMCA. YMCA Training is a charity with its own Board of Trustees and is one of the largest third-sector training providers in the country. A formal guarantee of support exists between Central YMCA Ltd and YMCA Training in the form of a £5.000m unsecured loan facility. In April 2014, £2.827m of this facility was utilised to settle YMCA Training's S75 pension debt to the legacy YMCA pension scheme. From December 2014 to February 2015, a further £0.800m in loans from the facility were made to fund re-structuring costs. At 31 March 2015 the investment in YMCA Training amounted to £3.627m.

A further £0.530m of the facility was utilised between April and August 2015 to fund further planned one-off re-structuring costs, leaving £0.843m of the facility remaining at August 31 2015. The planned re-structuring was largely concluded by the end of August 2015. The Association is on track to realise significant on-going savings in fixed costs that will stabilise its financial position. Detailed Business Plans have been reviewed and approved by the Trustees and anticipate a surplus from operations and the loan facility to begin to be repaid in instalments from 2016-17. The Trustees of Central YMCA do not consider the investment to YMCA Training to be impaired.

Investment in subsidiary:

	2015	2014
	£'000	£'000
YMCA Training – loan	3,627	-

The loan to YMCA Training is interest free and unsecured.

c) Subsidiary company results and net assets

	London Central YMCA Limited £'000	YMCA Training £'000	Central YMCA Trading Ltd £'000	Y Hotel Ltd £'000	YMCA Fitness Recruitment Ltd £'000
Summary income and expenditure accounts					
Income	3,631	10,499	455	-	-
Expenditure – recurring	(3,658)	(11,976)	(358)	-	-
Exceptional expenditure	-	(713)	-		
Gift aid donation to the Association	<u>-</u>	<u>-</u>	<u>(97)</u>	<u>-</u>	<u>-</u>
Net deficit for the year	<u>(27)</u>	<u>(2,190)</u>	<u>-</u>	<u>-</u>	<u>-</u>
 Retained funds / (accumulated deficit) as at 31 March 2015	 <u>314</u>	 <u>(5,374)</u>	 <u>50</u>	 <u>(1)</u>	 <u>-</u>

Both Y Hotel Ltd and YMCA Fitness Recruitment Ltd were dormant in the two year period to 31 March 2015.

10 Stock

	Group		Association	
	2015	2014	2015	2014
	£'000	£'000	£'000	£'000
Items for resale	37	15	-	-
	=	=	=	=

11 Debtors

	Group		Association	
	2015	2014	2015	2014
	£'000	£'000	£'000	£'000
Amounts due within one year				
Trade debtors	2,141	2,209	264	135
Other debtors	384	341	47	40
Prepayments and accrued income	234	162	106	90
	—	—	—	—
	2,759	2,712	417	265
	==	==	==	==

12 Creditors: amounts falling due within one year

	Group		Association	
	2015	2014	2015	2014
	£'000	£'000	£'000	£'000
Trade creditors	876	686	203	302
Amounts owed to subsidiary undertakings	-	-	27	390
Income tax, social security and VAT	210	255	164	185
Other creditors	2	33	2	33
Accruals	303	638	244	244
Provisions (see below)	475	50	-	-
Deferred income	2,479	2,190	76	72
Pension creditor (see Note 15)	-	4,911	-	2,084
	—	—	—	—
	4,345	8,763	716	3,310
	==	==	==	==

Provisions relate to centre dilapidations costs that are expected to materialise in the next 12 months, mostly due to closure of the related sites.

Deferred income analysis

	Group			Association		
	2014	Change	2015	2014	Change	2015
	£'000	£'000	£'000	£'000	£'000	£'000
Courses to be run after March 2015	594	217	811	-	-	-
Health and fitness membership fees	71	5	76	72	4	76
YMCA Training courses	1,525	67	1,592	-	-	-
	—	—	—	—	—	—
	2,190	289	2,479	72	4	76
	==	==	==	==	==	==

	Group		Association	
	2015 £'000	2014 £'000	2015 £'000	2014 £'000
Deferred income brought forward	2,190	1,902	72	72
Utilised in year	(928)	(1,013)	(72)	(72)
Arising in year	1,217	1,301	76	72
Deferred income carried forward	2,479	2,190	76	72

Provisions

	Group		Association	
	2015 £'000	2014 £'000	2015 £'000	2014 £'000
Provision for leased property dilapidations				
Expected to be utilised:				
- within one year	475	50	-	-
- after more than one year	<u>272</u>	<u>-</u>	-	-
	<u>747</u>	<u>50</u>	-	-

The provision for leased property dilapidations relates to the estimated liability inherent in the YMCA Training centres.

13 Unrestricted funds – Group

	General £'000	Revaluation			Total £'000
		Property £'000	Investment £'000	Designated £'000	
At 31 March 2014	12,550	7,605	2,387	4,119	26,661
Net incoming resources	4,246	-	-	-	4,246
Transfer between funds	(472)	70	-	402	-
Revaluations	(6,722)	5,564	1,158	-	-
At 31 March 2015	9,602	13,239	3,545	4,521	30,907

Unrestricted funds – Association

	General £'000	Revaluation			Total £'000
		Property £'000	Investment £'000	Designated £'000	
At 31 March 2014	15,167	7,605	2,387	4,119	29,278
Net incoming resources	6,637	-	-	-	6,637
Transfer between funds	(472)	70	-	402	-
Revaluations	(6,722)	5,564	1,158	-	-
At 31 March 2015	14,610	13,239	3,545	4,521	35,915

The transfer of £70,000 to the revaluation reserve from the general fund represents the difference between the depreciation charged on the revalued amount and the historical cost depreciation that would have been charged if they had not been revalued.

Designated fund – the Group and the Association

The funds of the Association include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes.

	Balance 31 March 2014 £'000	Set aside/ (utilised) £'000	Balance 31 March 2015 £'000
Great Russell Street Development fund	3,880	370	4,250
Basil Scott fund	239	32	271
	—	—	—
The Group	4,119	402	4,521
	====	====	====

The Great Russell Street development fund is for the cost of refurbishment of the premises. The Basil Scott Fund is to provide income to fund educational grants in the name of the late Mr Scott. At the year-end an annual rate of interest of 3.5% (in line with investment returns targets) was applied to the fund since inception catching up for prior years and the amount set aside is this sum, net of the value of funds utilised.

Analysis of group net assets between funds

	Unrestricted funds		Restricted funds	Total funds
	General £'000	Designated and revaluation £'000		
Fund balances at 31 March 2015 are represented by:				
Charitable fixed assets	2,409	13,239	802	16,450
Investments	7,426	7,795	-	15,221
Current assets	4,384	271	-	4,655
Current liabilities	(4,345)	-	-	(4,345)
Long term liabilities	(272)	-	-	(272)
	—	—	—	—
	9,602	21,305	802	31,709
	====	====	====	====

	Balance 31 March 2014 £'000	Movement in resources		Balance 31 March 2015 £'000
		Incoming £'000	Outgoing £'000	
Income funds				
Health and fitness activities	-	88	(88)	-
One KX capital project	886	-	(84)	802
Training courses	-	164	(164)	-
Group	<u>886</u>	<u>252</u>	<u>(336)</u>	<u>802</u>

The training course funds represent income received towards projects to assist 'hard to reach' populations to obtain qualifications. Donations have been made to assist the fitness facilities – in particular for those with HIV/AIDS – and the One KX capital project represents monies received to refurbish the building at 120 Cromer Street, Kings Cross and the grants received are being written back to general reserves over 20 years in line with the useful economic life of the related asset.

15 Exceptional Items

2015 - Restructuring costs

The restructuring costs, which relate to a fundamental reorganisation / restructuring are as follows:

Area of business:	£'000
Y Touring closure	115
YMCA Training	713
CYQ (Awards)	36
FIT	45
Marketing	<u>74</u>
	983

Central YMCA incurred £0.983m of restructuring costs during 2014-15. These are in line with the strategic objectives of the organisation and will give a stronger platform for growth and development in the coming years. The restructure will give the organisation a more flexible workforce and help address market demands and customers' needs in an effective way. The costs related to changes to the workforce and the costs of closing certain centres.

2014 - S75 Pension costs

On 30 April 2014, Central YMCA settled the £4.9m debt to the YMCA Pension Plan. A signed deed of withdrawal has been issued that confirms that Central YMCA has no further obligations or liability to the YMCA Pension Plan.

16 Reconciliation of overall surplus/(deficit) to net cash outflow from operating activities

	2015	2014
	£'000	£'000
Overall surplus/(deficit)	4,162	(6,041)
Investment income	(444)	(588)
Investment in YMCA Training	-	139
Investment revaluation	(1,180)	1,043
Property revaluation	(5,565)	-
Depreciation charges	582	589
(Increase)/decrease in stock	(22)	2
Increase in debtors	(47)	(704)
(Decrease)/increase in creditors	(4,146)	4,856
Profit on investments sold	(415)	(1,126)
Net cash outflow from operating activities	(7,075)	(1,830)

17 Analysis of changes in net cash

	At 31 March 2014	Cash flows	At 31 March 2015
	£'000	£'000	£'000
Cash at bank and in hand	815	(410)	405
Liquid resources:			
Cash held for investment	5,256	(3,802)	1,454
Net movement	6,071	(4,212)	1,859

18 Contingent liabilities – the Group and the Association

There were no contingent liabilities at 31 March 2015 or 31 March 2014.

19 Capital commitments – the Group and the Association

There were no capital commitments at 31 March 2015 or 31 March 2014.

20 Operating lease commitments - the Group

The following represent the annual leasing commitments:-

	Land and buildings	Other	Land and buildings	Other
	2015	2015	2014	2014
	£'000	£'000	£'000	£'000
Commitments falling due within 12 months	294	27	741	15
within 1 to 2 years	86	14	-	39
within 2 to 5 years	221	5	92	24
After 5 years	213	-	-	-
	<u>814</u>	<u>46</u>	<u>833</u>	<u>78</u>